#### HERITAGE LAKE VOLLEYBALL HANDBOOK

#### Heritage Lake Volleyball Code of Conduct

The intent of the code of conduct is to establish a set of guidelines each of us should heavily consider adopting as we mount the courts for fun and sun with our friends and neighbors.

- Have fun!!!
- Be considerate of others. Your fun should not cause hardship on your teammates, your opponents or the local community. If your idea of fun is creating problems for others, please consider changing your behavior.
- Be kind to everyone. They might be having a bad day.
- Respect the facilities. The beach area is not just here for the volleyball crowd. The beach exists for the express enjoyment of all Heritage Lake property owners and their guests. Please consider taking the appropriate actions to preserve the beach and the surrounding area.
- Please place all cigarette butts, empty cans, bottle caps and garbage in a garbage can. NOT in the volleyball supply cans!
- If you have significant others, which aren't keen to picking up after themselves please help remind them where the trashcans are located.
- <u>PLEASE keep children off the sand on sides of courts</u> this is huge liability and want to avoid injury to players and children.

## **Conduct on the Court**

The reason this league exists is to have fun with our friends and neighbors. With this basic premise in mind we (majority of volleyball players) collectively have intentionally restrained from creating a large set of rules, which may otherwise restrict this lighthearted venture. Below are guidelines one should consider adopting to maintain harmony within the league.

## Rules of the game

- Please show up early and often. Games should start on time ALWAYS
- One non-team member can play on a given team at a time for the game to count. A team member is defined to be an individual listed on the roster submitted to the Commissioner. A team member cannot be recorded on 2 teams.
- One rostered team member must be an HLA member
- Four team members must be on the court, two of which must be female by 15 minutes after scheduled game time else one game is forfeited.
- Two females must be on the court and able to play for each game to count.
- Please stay out of the net, if you hit the net call yourself on it and give the other team the point. This rule is for everyone's safety and to avoid damaging nets.
- Please avoid "lifts" (in lieu of a bump pass using palm of the hand, palm facing up, to hit the ball up) as a form of hitting the ball.
- Rally point will be the scoring format used throughout the season. Rally point scoring is defined as every serve results in a point.
- The first team scoring 25 and winning by 2 points wins the game.
- The team who wins two of three games wins the match. Only the match win loss record will be recorded in the standings.

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- If a third game is needed you may play until an agreed upon score to win. (Either 15 or 25) Please be respectful to other teams waiting to play.
- If you play at 6pm, at least 2 representatives from your team must come by 5:45pm to set up nets.
- Losers of the 8pm games please take down nets and lines. Place into that courts assigned can.

**Commissioners job description** The commissioner's responsibility simply put is to facilitate a comfortable playing atmosphere. The league is governed, operated and enjoyed by the residents of Heritage Lake and their guests. Heritage Lake property owners reserve the right to modify their policies as they see fit.

Sincerely, Taylor Eigsti and Jenny Smith